



## Quarterly Newsletter

(Washington, Facility)

6th Edition

January/February/March 2022

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# Happy New Year!!!!

**Wishing you the happiest of new years from all of us here at Evergreen!!!**

Keeping you up to date with resident birthdays, upcoming activities and events, staff and resident interviews, recipes from our kitchen, in addition to other informational and entertainment segments.

*"The new year stands before us, like a chapter in a book, waiting to be written."*

*- Melody Beattie*

## Facility News

With the holidays behind us now, we here at Evergreen are focusing on activities and other upcoming events for this new year.

In addition to our daily routine, we are closely monitoring the current Covid19 situation in the area. As a result our visitation procedures will change accordingly at the discretion of management. Please look to our facebook page or call the facility directly for updates on our current visitation policies. As always our daily activities will continue whilst limiting attendance, and social distancing as needed.

Click the link below to find our facebook page where you always have access to the most recent newsletter, activity calendars, and enjoy photos of our residents baking, crafting, and playing games. Also, be sure to visit our company website at [www.evergreenassisted.com](http://www.evergreenassisted.com). Here you can stay up to date on facility news, as well as contact us, and access employment information for each of our three facilities. The website is continually being updated with photos and new information.

[@PCEvergreenWash](#)



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## Residents of the Month!!

September 2021 - Norma B.

November 2021 - Bonnie W.

**\*Residents of the Month receive a special flower arrangement from Washington Square Flower Shop**

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## Welcome New Employee!!!

We extend the warmest of welcome wishes to our newest employee...

**Mandy**

We are thankful that you have joined our team here at Evergreen!!



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## Resident & Employee Birthdays

Isaac - January 6

Yolanda K. - January 13

Cherie - January 27

Mary S. - February 6

Jeaninie K. - January 8

Connie G. - January 18

Janet S. - February 5

Clint - March 20

**HAPPY BIRTHDAY!**

# From The Kitchen

## Roasted Pork with Sauerkraut

- 1 - 4lb Bone-in pork butt (shoulder roast)
  - 1 jar sauerkraut
  - 2 T. brown sugar
  - salt/pepper/garlic powder to taste
  - 1 onion, diced fine
- Place sauerkraut in baking pan (with juices)
  - Add diced onion and brown sugar, and mix slightly
  - Place pork butt (*fat side up*) on top of sauerkraut
  - Season generously with salt, pepper, and garlic powder
  - Roast uncovered in 375°F oven for 3 hours.
  - Cover with foil, and continue roasting for an additional 3 hours.
  - At this point the meat should be tender, and you should be able to remove the bone without the use of a knife.
  - Shred the meat into desired serving sizes and serve with sauerkraut.

**Served with mashed potatoes make the perfect new years day meal!**

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## Let's Laugh

**Q:** What did Adam say to Eve on December 31st?

**A:** It's New Years, Eve.

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**Q:** What was the snowman doing at the grocery store?

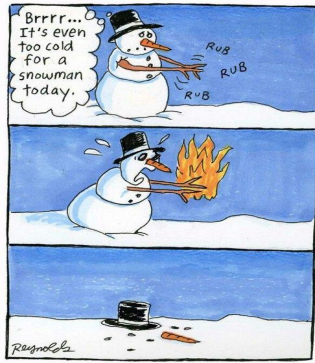
**A:** Picking his nose.

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**Q:** What's the best cereal to eat in the winter?

**A:** Frosted Flakes

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## Upcoming Holidays / Important Dates

Monday January 18 - Martin Luther King Jr. Day  
Tuesday February 2 - Groundhog Day  
Sunday February 14 - Valentine's Day  
Monday February 15 - Presidents' Day  
Wednesday February 17 - Ash Wednesday  
Sunday March 14 - Daylight Savings Begins  
Wednesday March 17 - St. Patrick's Day  
Saturday March 20 - First Day of Spring

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## "My New Years Resolution is....."

Jo - stay alive and in good health  
Bonnie - That we all have good health and a good year without complications  
Donna - To have better health, and remain thankful to be here  
Robert P. - Drink lots of tea  
Keshia - To get my drivers license  
Bob R. - To get stronger again  
Mary P. - To quit eating so much  
Linda - To be kinder to others  
Kelli - Stay healthy, cut back on coffee  
Shonia - To start and maintain my diet  
Chris - To go back tot he gym more than once every 6 months  
Cherie - Walk more steps in a day  
Yvonne - To hit the gym more  
Lillian - To be quiet and make more money  
Toni - To be a better person  
Mandy - To lose weight

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THANKS FOR READING!!!

SEE YOU IN APRIL!!!



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[www.evergreenassisted.com](http://www.evergreenassisted.com)