

Evergreen Washington Menu – Spring/Summer

Week 1

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B R E A K F A S T	Assorted Juices Hot or Cold Cereal Pancakes with Syrup Crisp Bacon	Assorted Juices Hot or Cold Cereal Egg and Cheese Muffin Breakfast Sandwich Hashbrown Patty	Assorted Juices Hot or Cold Cereal Toasted Waffles with Syrup Sausage Links	Assorted Juices Hot or Cold Cereal Sausage Gravy over Biscuit Homestyle Grits	Assorted Juices Hot or Cold Cereal French Toast with Syrup Grilled Ham Slice	Assorted Juices Hot or Cold Cereal Western Scrambled Eggs Sausage Patty	Assorted Juices Hot or Cold Cereal Danish Cottage Cheese with Berries
	Scrambled Eggs Fresh Fruit Garnish Beverage Choice	Scrambled Eggs Fresh Fruit Garnish Beverage Choice	Scrambled Eggs Fresh Fruit Garnish Beverage Choice	Scrambled Eggs Fresh Fruit Garnish Beverage Choice	Scrambled Eggs Fresh Fruit Garnish Beverage Choice	Scrambled Eggs Fresh Fruit Garnish Beverage Choice	Scrambled Eggs Fresh Fruit Garnish Beverage Choice
L U N C H	Country Fried Chicken Roasted Red Potatoes Peas and Carrots Boston Cream Pie Beverage Choice	Bean with Bacon Soup BBQ Cheddar Cheeseburger Ranch Potato Wedges Peanut Butter Cookie Beverage Choice	Grilled Chicken Salad with Breadstick French Fries Applesauce Fresh Fruit Salad Beverage Choice	Baked Pasta with Tomato Sauce Green Beans Garlic Bread Pudding Cup Beverage Choice	Cream of Potato Soup Cold Roast Beef and Swiss Sandwich with Horseradish Mayo Cherry Gelatin Beverage Choice	Taco Salad with Seasoned Beef, Beans, and Sour Cream Mexican Rice Corn Relish Ice Cream Cup Beverage Choice	Baked Pizza Burger Spinach Salad with Warm Bacon Dressing Fruit Cup Beverage Choice
	(Bread, Dinner Roll, or Garlic Toast will be offered with the dinner meal each day)						
D I N N E R	Italian Wedding Soup Chicken Tenders with Ranch Three Bean Salad Ice Cream Treat Beverage Choice	Grilled Flank Steak with Mushrooms Wild Rice Steamed Wax Beans Banana Cake with Cream Cheese Frosting Beverage Choice	Grilled Pork Chop Mashed Potatoes Brussel Sprouts Warm Cherry Cobbler Beverage Choice	Beef Pepper Steak Rice Pilaf Oriental Vegetable Blend Chocolate Frosted Cake Beverage Choice	Glazed Ham Loaf Herb Linguine Succotash Confetti Cake Beverage Choice	Crab Cakes with Cocktail Sauce Parslied Potatoes Normandy Blend Rice Krispy Bars Beverage Choice	Roasted Turkey with Stuffing Cranberry Sauce Mashed Potatoes Buttered Corn Frosted Pumpkin Cake Beverage Choice
	<i>Alternate Meal Choices: Grilled Cheese; PB&J; Deli Sandwich; Hot Dog; Baked Chicken; Baked Fish; Cottage Cheese; Fruit Cup; Applesauce</i>						

Evergreen Washington Menu – Spring/Summer

Week 2

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B R E A K F A S T	Assorted Juices Hot or Cold Cereal Waffles with Fruit Topping Crisp Bacon	Assorted Juices Hot or Cold Cereal Cheesy Scrambled Eggs Sausage Links	Assorted Juices Hot or Cold Cereal Breakfast Burrito Hashbrown Patty	Assorted Juices Hot or Cold Cereal Breakfast Scramble Fried Cornmeal Mush	Assorted Juices Hot or Cold Cereal Blueberry Pancakes Grilled Ham Slice	Assorted Juices Hot or Cold Cereal French Toast Sticks with Syrup Sausage Patty	Assorted Juices Hot or Cold Cereal Cinnamon Streusel Coffee Cake Yogurt and Peaches
S T	Scrambled Eggs Fresh Fruit Garnish Beverage Choice	Scrambled Eggs Fresh Fruit Garnish Beverage Choice	Scrambled Eggs Fresh Fruit Garnish Beverage Choice	Scrambled Eggs Fresh Fruit Garnish Beverage Choice	Scrambled Eggs Fresh Fruit Garnish Beverage Choice	Scrambled Eggs Fresh Fruit Garnish Beverage Choice	Scrambled Eggs Fresh Fruit Garnish Beverage Choice
L U N C H	Roast Pork with Sauerkraut Mashed Potatoes Steamed Carrots Strawberry Shortcake	Minestrone Soup Grilled Chicken Sandwich On a Bun Waldorf Salad Diced Melon	Chicken Noodle Soup Steak and Cheese Sandwich Pasta Salad Strawberry Mousse	Beef Barley Soup Club Sandwich with Lettuce and Tomato Broccoli and Cheddar Salad Lemon Dessert	Tuna Noodle Casserole Cornbread Side Salad with Dressing Pudding Parfait	Chicken Caesar Salad with Fried Feta Garlic Bread Stick Lime Jello	Split Pea Soup Ham Salad Sandwich On a Bun Tater Tots Snickerdoodle Cookie
	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice
(Bread, Dinner Roll, or Garlic Toast will be offered with the dinner meal each day)							
D I N N E R	Corn Chowder Egg Salad Croissant Beet Salad Sugar Cookie	Beef Stroganoff with Noodles Baked Cauliflower with Cheese Coconut Cream Cake	Chili Cheese Dog Baked Beans Baked Corn Fritters Fresh Fruit Salad Caramel Pecan Bars	Pasta Carbonara with Chicken Garlic Bread Capri Vegetable Blend Ice Cream Sundae	Fried Chicken Leg Baked Potato with Sour Cream Corn on The Cob Oreo Dessert	Grilled Shrimp Skewer Parmesan Pasta Grilled Vegetable Medley Cherry Pie	Grilled Ham Steak Glazed Sweet Potatoes Mixed Vegetables Orange Jello Cake
	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice
<i>Alternate Meal Choices: Grilled Cheese; PB&J; Deli Sandwich; Hot Dog; Baked Chicken; Baked Fish; Cottage Cheese; Fruit Cup; Applesauce</i>							

Evergreen Washington Menu – Spring/Summer

Week 3

	<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
B	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices
R	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal
E	French Toast	Sausage and Cheese	Cheese	Western	Toasted Waffle	Cheesy	Blueberry
A	with Strawberry	Croissant	Omelette	Scrambled Eggs	with Syrup	Scrambled Eggs	Muffin
K	Topping	Hashbrown	Grilled Ham	Cornmeal	Sausage Patty	Homefries	Cottage Cheese
F	Crisp Bacon	Patty	Slice	Mush			with Fruit
A	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
S	Fresh Fruit Garnish	Fresh Fruit Garnish	Fresh Fruit Garnish	Fresh Fruit Garnish	Fresh Fruit Garnish	Fresh Fruit Garnish	Fresh Fruit Garnish
T	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice
L	Smothered Chicken Breast	Cream of Tomato Soup	Loaded Baked Potato Soup	Chef's Salad with Turkey, Ham and Cheese	Creamy Vegetable Soup	Grilled Tuna Melt	Italian Wedding Soup
U	with Bacon, Cheese, and Mushrooms	Toasted Cheese <u>Sandwich</u>	Sloppy Joe On a Bun	French Fries	Baked Italian Sub with Lettuce and Tomato	Baked Tater Tots	Egg Salad
N	Scalloped Potatoes	Corn Fritters	Cucumber Salad	Applesauce Cup	Fresh Fruit Salad	Cole Slaw	Sandwich
C	Brussel Sprouts	Raspberry	Butterscotch	Sherbet	Lemon Pudding	Chocolate Chip	Beet Salad
H	Cheesecake with Fruit	Jello	Pudding		Cup	Cookie	Fruit Cocktail
	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice
(Bread, Dinner Roll, or Garlic Toast will be offered with the dinner meal each day)							
D	Chicken Barley Soup	Glazed Meatloaf Mashed Potatoes	Grilled Beef Tips with Mushrooms and Onions	Chicken Parmesan Parmesan Linguine	Country Fried Steak	Baked Cod with Lemon Herbs	Creamed Chicken over Biscuit
I	Pulled Pork Sandwich	Cream Style Corn	Steamed Wild Rice	Side Salad with Dressing	Baked Potato with Sour Cream	Parslied Potatoes	Steamed Mixed Vegetables
N	Onion Rings	Toasted Almond Cake	Baked Tomato with Herbs Cheese	Blueberry Pie	Broccoli Au Gratin	Steamed Peas	Frosted Cherry Cake
E	Ice Cream Sandwich		Pineapple Upside Cake		Texas Sheet Cake	Peach Cobbler	
R	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice
Alternate Meal Choices: Grilled Cheese; PB&J; Deli Sandwich; Hot Dog; Baked Chicken; Baked Fish; Cottage Cheese; Fruit Cup; Applesauce							

Evergreen Washington Menu – Spring/Summer

Week 4

	<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
B	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices	Assorted Juices
R	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal	Hot or Cold Cereal
E	Cinnamon Raisin	Ham and Cheese	Western	Bacon and Egg	Pancakes	Breakfast	Fresh
A	French Toast	Scrambled Eggs	Scrambled Eggs	Breakfast Sandwich	with Syrup	Scramble	Donuts
K	with Syrup	Hashbrown	Sausage Links	Brown Sugar	Crisp	Corned Beef	Yourt
F	Grilled Ham Slice	Patty		Oatmeal	Bacon	Hash	
A	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
S	Fresh Fruit Garnish	Fresh Fruit Garnish	Fresh Fruit Garnish	Fresh Fruit Garnish	Fresh Fruit Garnish	Fresh Fruit Garnish	Fresh Fruit Garnish
T	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice
L	Salisbury Steak with Mushroom Gravy	Beef Barley Soup Turkey Bacon Ranch Sandwich	Grilled Hot Dog with Condiments Baked Beans Macaroni	Country Chicken and Biscuits Ranch Potato Wedges	Italian Sausage Soup Grilled Rueben Sandwich	Chicken Gnocchi Soup Grilled Steak Salad with French Fries	BLT Sandwich on Toast Potato Salad Broccoli and Cheddar Salad
U	Cheddar	Linguine Salad	Salad	Marinated Tomato	Tater Tots	Garlic Breadstick	Strawberry
N	Mashed Potatoes	Chocolate	Sugar	Salad	Rice Pudding	Diced Melon	Jello
C	Vegetable Blend	Mousse	Cookie	Ice Cream			
H	Bread Pudding			Cup			Diced Pears
	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice
(Bread, Dinner Roll, or Garlic Toast will be offered with the dinner meal each day)							
D	Cream of Broccoli Soup	Beef Pot Roast with Roasted Vegetables and Potatoes	BBQ Pork Ribs Parslied Potatoes	Spaghetti with Meatsauce Tossed Salad with Dessing	BBQ Beef Brisket Buttered Noodles Baked Cauliflower	Grilled Kielbasa Pierogies and Onions Buttered Lima Beans Chocolate Peanut Butter Dessert	Stuffed Green Pepper Mashed Potatoes Buttered Corn Frosted Cupcakes
I	Swedish Meatballs Marinated	Coconut Cream Pie	Grilled Zucchini and Summer Squash	Frosted Cake	Banana Cream Pie		
N	Vegetable Salad						
N	Fruit and Gelatin Dessert						
E							
R							
	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice
Alternate Meal Choices: Grilled Cheese; PB&J; Deli Sandwich; Hot Dog; Baked Chicken; Baked Fish; Cottage Cheese; Fruit Cup; Applesauce							